

COLORADO GIRLS LACROSSE ASSOCIATION

WAIVER

US Lacrosse is attempting to send a consistent message regarding checking to Youth players. Players below the 7th grade level should not be stick checking. Players on 7th and 8th grade teams will be allowed to use modified checking as an intermediate step towards full checking.

I am aware that my daughter _____ will be playing at the 7th and 8th grade level, which allows (according to the US Lacrosse rules) the advanced skill of stick checking. I realize that stick checking requires additional athleticism and skill and that checking is not generally considered appropriate for 6th graders. We choose to participate knowing the **risks** involved.

Player signature: _____

Parent signature: _____

Date: _____