

# U13 Team Colorado

**Total duration of program is from May 23<sup>rd</sup> (first practice) to return from National Draw on June 24<sup>th</sup>.**

## **Practices (Colorado):**

Once the team is selected, practices will begin in late May. **Players can miss only 3 practices, otherwise they will be replaced.** The tentative practice schedule, location is Westlands Park:

Tuesdays	5:30 – 7:00 PM	May 29	June 5, 12, 19
Wednesdays	5:30 – 7:00 PM	May 23	June 6, 20
Thursdays	5:30 – 7:00 PM	May 24, 31	June 7, 14
Friday	5:30 - 7:00PM	June 8	

## **Colorado Cup (Denver, Colorado) June 9, 10**

The team gets to bond locally in a new tournament organized by Gary Gait and NDP lacrosse. Held in Denver in the heart of the Rocky Mountain region, the Colorado Cup provides the perfect venue for those who are looking to take their games a mile high. "The unparalleled growth of the sport of lacrosse in the state of Colorado makes the Centennial State the ideal location for this premier lacrosse tournament." All parents are welcome to come and watch the team play.

## **Black Diamond Lacrosse Camp (Denver, Colorado) June 11,12,13,14**

Camp Director: Danielle Gallagher  
(9:00am –1:00 pm)

website: [www.bdlax.com](http://www.bdlax.com)

Danielle Gallagher is not only the most tenured member of the US squad, she has been recognized as one of the top 10 lacrosse athletes of the century. Her numerous accolades pale in comparison to her enthusiasm for the fun of the game. Her creative movement on the field and with her stick is her hallmark. She has been teaching the game for many years, and seems to have a particular knack and enthusiasm for working with youth. She also has a very soft spot for Colorado, hence the name Black Diamond. Danielle is responsible for having taught past and present players from Colorado who have been significant on teams like Duke, Dartmouth, Notre Dame, Stanford, Cal and the US developmental squad. Danielle and her US squad teammates run the Black Diamond camp, it's top notch instruction right here in Colorado.

## **Jr Elite National Draw (Marlton, NJ) June 22,23**

The National Draw is the Super Bowl of girl's lacrosse. Anyone serious about lacrosse makes the pilgrimage to the National Draw. No where else will you see more girls playing lacrosse on more fields. The best teams on the East Coast will be there. The juniors (U 13) depart on June 21<sup>st</sup> and return to Denver on June 24<sup>th</sup>. They play on June 22 and 23.