

## SOUTH SUBURBAN PARKS & RECREATION – YOUTH LACROSSE PROGRAMS

For more information, please check out [www.sspr.org](http://www.sspr.org) or call the Athletics Office at 303-798-7515

### SPRING LACROSSE CLINICS

#### Head Start Lacrosse Clinic

Gear up for summer lacrosse! Beginner to Intermediate players **MUST have their own equipment** in order to participate: lacrosse stick, goggles and mouthguard. Clinic meets once a week for 4 weeks. \$50 / \$39 Resident

#### New Players Lacrosse Clinic

Not sure if your daughter wants to play lacrosse? **Players do NOT need to have any of their own equipment**; modified equipment will be provided. Clinic meets once a week for 2 weeks. \$24 /\$20 R

Act#	Class	Location	Day	Date	Time
304025	Head Start Girls	DALRP	Mon	Apr 26-May 17	5:45-7:00pm
304074	New Player Girls	DALRP	Wed	Apr 28-May 5	5:45-7:00pm
304095	New Player Girls	DALRP	Wed	May 12-19	5:45-7:00pm

### SUMMER LACROSSE CAMPS

Camps introduce new skills, refine the basics and offer scrimmage play. Jersey and ball provided to each player. Beginner to Intermediate players **MUST have their own equipment** in order to participate: lacrosse stick, goggles and mouthguard. Camps are for girls ages 8-13 years, Monday through Friday from 9am to 11am daily. \$100 /\$75 Resident

Act#	Date	Location
304156	Jun 7-11	Cherry Knolls
304146	Jun 14-18	Willow Creek
304157	Jul 19-23	Cherry Knolls
304167	July 26-30	Lone Tree Elem

### DRILLZ & SKILLZ CLINICS

Stay sharp over the summer! Beginners to intermediate players meet weekly to learn and practice new skills. Beginner to Intermediate players **MUST have their own equipment** in order to participate: lacrosse stick, goggles and mouthguard. Clinics are held at Medema Park and meet once a week for 5 weeks. \$45 /\$35 Resident

ACT#	Day	Date	Grade	Time
304546	M	Jun 7-Jul 5	Grades K-4	5:30-6:30 pm
304566	M	Jun 7-Jul 5	Grades 5-8	6:30-7:30 pm

### SUMMER LACROSSE LEAGUES

Season includes 6 games; reversible jersey and referees. Divisions are by Grade. Register for Fall 2010 grade level.

Registration begins: Mon, Apr 12

Registration deadline: Fri, May 28

Practices begin week of Jun 7 and are optional for grades 8 and below; high school teams do not practice. Optional practices selected by volunteer coach at coaches meeting.

Games begin week of Jun 21; see below for league nights.

Game locations include, but not limited to, David Lorenz, Cornerstone, Bowles Grove or Medema Parks

Game times may be as early as 5:30 pm

\$80 /\$60 Resident

Volunteer coaches are needed! Summer Coaches' Meeting will be held on Wed, June 2, 7 pm, Goodson Center.

### SUMMER LACROSSE LEAGUE NIGHTS:

League	Monday	Tuesday	Wednesday	Thursday
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Night: Games Begin:	Jun 21	Jun 22	Jun 23	Jun 24
	Boys Grades 2-3	Boys High School JV	Girls Grades 3-4	Girls High School
	Boys Grades 4-5	Girls Grades 7-8	Girls Grades 5-6	Boys High School Var
	Boys Grade 6		Boys Grade 8	
	Boys Grade 7			